

VOICE AND THE CHURCH

Care and Awareness Training
for Clergy, Readers & Leaders



Sounds Right Ltd

Voice, Speech & Communication Specialists



Care and Awareness Voice Training for Clergy, Readers and Leaders.

Dear Voice User,

In your current role in the Church with which of the following do you identify?

- The demands on my voice seem ever increasing.
- I often need to address people in less than ideal acoustic conditions.
- I know I shouldn't strain my voice but I do suffer from voice strain and voice loss from time to time.
- To engage effectively with my congregations and at meetings my clarity of delivery is very important.
- My voice is one of my most valuable communication tools but I know I abuse it!
- When my voice is tired I speak too fast or in a monotone which visibly loses the impact of my message no matter how well prepared I might have been.
- I would welcome some basic techniques to safeguard my voice and improve my verbal delivery.

Don't worry – help is at hand!

As experienced Voice, Speech and Communication Specialists we continually work with a wide range of voice users: Teachers, Actors, Broadcasters, Public Speakers and so on (trained and untrained). We know how important it is to monitor vocal health and take care of the voice. Understanding and using the human speaking apparatus efficiently is fundamental to anyone who has to regularly use their voice in public. The training process for the vocation in ministry is long and so it does make sense to look after one's voice, building on the skills necessary for its effective use and maintaining vocal health and awareness.

We have designed training workshops dedicated specifically to the needs of Church Speakers, based on our many years of experience working with voice users. We are sure that the results of this training will establish a serious awareness of the workings of the voice and the advantages of voice training in guarding against damage or misuse. In doing so we would like to consider that we may provide a valuable Diocesan resource since Health & Safety legislation is increasingly placing an onus on employers to provide training for their staff to safeguard against stresses or strains wherever they are manifested. The voice is no exception!

At many locations within the Church sophisticated sound systems have made voice projection easier but the need for clarity of diction, varied pitch and pace is still as important as conviction and presence. Effective breath control, balanced alignment and resonance to carry the emotional content of a talk or sermon cannot be taken for granted. We can identify the enormous demands on the 'preaching' voice, and see the vocal potential that it is possible to realise with a little coaching and confidence.


The attached Course Summary gives a flavour of the content of the workshops. We look forward to working with you to help promote this training for the benefit, wellbeing and effectiveness of members of the clergy. In short – we are looking to preserve that most valuable resource – their voice!

Yours sincerely,

Marina Jones

Marina Jones
Managing Director,
Sounds Right Ltd





VOICE AND THE CHURCH

A Vocal Healthcare and Awareness Introductory Workshop for Clergy, Readers and Leaders.

A practical interactive workshop that **will** make a difference and is designed to help voice users in the Church to conserve their voices, avoid problems resulting from extensive use, maintain vocal health and use the voice more effectively to **encourage, inform and inspire!**

By understanding how the voice works and then using it economically and correctly, speech will become clearer, more energized and wear and tear from daily use minimized.


Course content:

- Clergy as professional voice users and identification of hazards
- How the Voice works
- Voice Care without speech - how posture, diet and lifestyle affects speech
- Breathing and Posture for easy relaxed performance
- Vocal techniques for enhanced and varied delivery: Articulation, Pitch, Resonance and Projection
- Voice and Text – connecting with words, tone and energizing speech
- How to avoid problems and maintain a healthy and flexible voice

Demonstration, participation and relevant, practical advice will strengthen the vocal skills repertoire and help increase the confidence of all those involved in speaking in Places of Worship.

Delegates will be provided with a resource pack including exercises and tips for Voice Care.

For more information or to book your place on one of the Vocal Healthcare and Awareness Introductory Workshops, Call us on: **01270 820963**, email us at **info@sounds-right.com** or visit our website at **www.sounds-right.com**



VOICE AND THE CHURCH

Vocal Healthcare and Awareness Workshops Training Costs

We understand the competing demands on the Diocesan budget. Sounds Right Ltd have created this range of workshops in order to offer high standards of vocal training, practical benefits to the delegates whilst providing excellent value for money.

Vocal Healthcare and Awareness Workshops

Half Day sessions 3-4 hour (Morning or afternoon)	£300 up to 6 delegates £495 up to 15 delegates
Full day sessions 5-6 hour	£600 up to 6 delegates £850 up to 15 delegates

A delegate pack is provided containing detailed support materials providing practical advice and exercises for a healthy and effective voice relevant to the Church

Half and full day sessions include time for practical work

Voice Awareness

An Introductory Session (1½ - 2 hours) is also available.

£350 between 4-25 delegates

Morning, afternoon, twilight or evening sessions are available.

Session costs include training at Diocesan premises. Where alternative venue is required, venue will be charged at cost.

Tutor travel expenses are included up to radius of 50 miles from Crewe.

Additional mileage is charged at 45p per mile.

A deposit of 30% of session cost is required to secure booking.

Additional Voice Courses for Church Speakers include:

Voice and the Text - Vocal demands from St James to the Message and secular readings.

Microphone Techniques - How to use sound systems and project effectively

A Woman's Voice - Practical advice and guidance for the female voice user.

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